

**FOGELMAN DOWNTOWN YMCA
CPR/FIRST AID**

Date of Class: _____

Are you a YMCA member? _____

Participant Name:

Address:

City/State/Zip:

Phone:

Emergency contact Name :

Emergency contact Phone:

Participant Date of Birth:

_____ Male/Female: _____

WAIVER: I hereby release the YMCA of Memphis and the Mid-South and its designated leadership from accident and liability obligations. I waive and release myself, my heirs, and personal representatives from any and all claims I may have now or hereafter against the YMCA and anyone involved with this program, or as a result of having participated in. I further permit the free use of my name and picture in any form for purpose promoting the YMCA.

Signature:

Date: _____



YMCA Mission:
*To Put Christian principles into practice
through programs that build healthy
spirit, mind and body for all*

FOGELMAN DOWNTOWN YMCA

**CPR/AED/
FIRST AID**



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

www.ymcamemphis.org

Heartsaver First Aid/CPR

This class covers the core first aid with CPR and AED skills for adults plus additional information about AED use on children, CPR and choking for children and infants, and child and infant safety. A written and skill exam is included to successfully complete the course. This class is 3 to 7 hours in length with a 6 participant limit. Upon successful completion, participant will receive two-year American Heart Association certification card.

Who Needs It?

All lay rescuers, including childcare workers, babysitters, fire and police, airline personnel, security guards, or family members of patients at high risk for cardiac arrest. This course meets OSHA regulations.

Healthcare Provider

The BLS (Basic Life Support) Healthcare Provider course is designed to reach the skills of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device, and oxygen), use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction.

Who Needs It?

All physicians, nurses, paramedics, EMTs, nursing students, aides, other allied health personnel and YMCA lifeguards.

Additional Information

- Register at the Welcome Desk
- Class lasts approximately 4—6 hours, based on number of students
- Any other information:
Please contact
Kelli Riding
Program Director
(901) 527-9622 x 123
kriding@ymcamemphis.org

* Additional classes can be scheduled separately

Fees & Dates

YMCA Member \$65

Non-member \$75

- Saturday, February 5, 9 am
- Saturday, April 2, 9 am
- Saturday, June 4, 9 am
- Saturday, August 6, 9 am
- Saturday, October 8, 9 am

Fees & Dates

YMCA Member \$65

Non-member \$75

- Saturday, January 15, 9 am
- Saturday, March 5, 9 am
- Saturday, May 7, 9 am
- Saturday, July 9, 9 am
- Saturday, September 10, 9 am
- Saturday, November 12, 9 am

Refund Policy

No refunds will be given without 24 hour prior notification.