



September 2011
Newsletter

Youth Development

Teaching students to take control of their money and start their adult lives with a solid foundation is one of the most important tools we can offer to empower the next generation. This class, **Foundations in Personal Finance**, is geared for high school and college students. Classes will begin in October, with registration and preview classes available now. Member fee is \$30 and non-members may register for \$40.

Once again, we are hosting the **NFL Punt, Pass, & Kick Competition** for this area. Scheduled for Friday, September 16 from 4pm – 7pm at the Olive Branch High School practice field, participants can compete for the chance to win national prizes. A valid birth certificate is required. There is no cost to participate.

Pre-School, Youth and Adult Sports registrations are underway for the following sports.

- Future Footballers (2-4yrs)
- Winter Adult Volleyball
- Biddy Basketball (2-4 yrs)
- Winter Youth Basketball
- Winter Youth and Adult Futsal (Indoor Soccer)

Healthy Living

You can still sign up for **Loser Take All!** Don't miss your opportunity to compete for some great prizes while losing weight and becoming healthier. Member fee is \$70. Non-Member rate is \$90. Late Registration runs until September 11.

Be sure to check out both the **Land Aerobics Schedule** and the **Water Aerobics Schedule**, each featuring many new classes added this month.

Don't miss our fantastic **TRX specials** for September and October. We want you to suspend your normal workout routine and give TRX Suspension Training and Boot Camp a try with our fitness professionals. Each class is currently \$5/member or \$8/non-member. These prices won't hang around for long so sign-up now!

Social Responsibility

Spring into savings with our next **Coupon Class** at the Y! Held on Sunday, September 18 from 2pm – 4pm, this class will help you make the most of your money. Cost is \$10 for members and \$12 for non-members.

Our adult **Bible Study** is starting back for the fall on Mondays at 12:30pm. The first one will be on September 12. Bring your lunch and fellowship with others during this time.

We're starting a new class on **Scrapbooking** in October. Held on the 1st and 3rd Mondays of each month, this class will be great for those new to scrapbooking or those that are pros. Fees are \$5/Member and \$10/Non-member per month.

JOY Club Wednesdays start this month and feature activities and speakers for members ages 50 and up. This month's schedule:

- Sept. 7: Talk on Diabetic Foot Care (10:30am)
- Sept. 14: Wii Bowling (9:30-11:30am)
- Sept. 21: Healthy Living Seminar (10:30am)
- Sept. 28: Dominos (9:30-11:30am)

On Friday, September 16 at 9am we will be offering **HeartSaver First Aid with CPR and AED for Infant, Child, and Adult**. This class teaches basic techniques that can be used in any emergency.

For more information on any of these programs or events, please see our welcome center staff.

