



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD CLASS

You can make a difference

This course is designed to provide participants with the knowledge and skills necessary to become a lifeguard and professional rescuer. Upon successful completion of this course participants will be certified in ASHI (American Safety and Health Institute's CPR Pro, Basic First Aid, Emergency Oxygen, and YMCA lifeguard). Minimum age to take the course is 16 and participants must successfully complete the prerequisites on the first night of class. Sign up now; space is limited. Walk-ins are not accepted.

Registration form is on the back of this flyer. Check email regularly for updated course information. Refunds will only be given in the event the prerequisites are failed or a 48 hour notice is given before the first day of the course.

Lifeguard Course

Monday Oct. 23 7:00 p.m. – 9:00 p.m.
(Prerequisite swim night and ASHI e-learning assigned)

Friday	Nov 3	4:00 p.m. – 9:00 p.m.
Saturday	Nov 4	8:00 a.m. – 5:00 p.m.
Sunday	Nov 5	12:00 p.m. – 5:00 p.m.
Friday	Nov 10	5:00 p.m. – 9:00 p.m.
Saturday	Nov 11	8:00 a.m. – 5:00 p.m.
Sunday	Nov 12	12:00 p.m. – 5:00 p.m.

*Attendance to all sessions is mandatory.

Must have access to computer/email for e-learning modules.
Be prepared for swim sessions and classroom on each day.
The last day will include a written and water test.

Cost of Certification Course

\$160 member \$200 non-member

Contact

Jamie Gross at Jamie.gross@ymcamemphis.org or call 662-890-9622



