

## FOGELMAN DOWNTOWN YMCA SWIM LESSONS

Registering for: (lesson/session)

Participant Name:

Address:

City/State/Zip:

Phone:

Emergency contact Name :

Emergency contact Phone:

Participant Date of Birth:

Email:

Male/Female: \_\_\_\_\_

**WAIVER:** I hereby release the YMCA of Memphis and the Mid-South and its designated leadership from accident and liability obligations. I waive and release myself, my heirs, and personal representatives from any and all claims I may have now or hereafter against the YMCA and anyone involved with this program, or as a result of having participated in. I further permit the free use of my name and picture in any form for purpose of promoting the YMCA.

Parent/Guardian Signature:

\_\_\_\_\_

Date: \_\_\_\_\_

## Program Benefits

Swim Lessons are taught using YMCA of the USA progressive swim lesson guidelines. Based on skill level participants will be introduced to the following components:

- Personal Water Safety
- Stroke Development
- Rescue
- Water Sports & Games
- Personal Growth
- 

## Refund Policy

No refunds after first lesson or if individual misses class without 24 hour prior notification.

**\*\*Parents and/or guardian must remain in the building while lessons are in session.**

## Questions or additional information

**Contact**  
Brenna Walker  
Program Director  
Aquatics & Child Care  
(901) 527-9622 x 207

***YMCA Mission:***  
*To Put Christian principles into practice  
through programs that build healthy spir-  
it, mind and body for all*

FOGELMAN DOWNTOWN YMCA

## SWIM LESSONS PRIVATE & GROUP



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

\_\_\_\_\_

[www.ymcamemphis.org](http://www.ymcamemphis.org)

**Group Lessons**

YMCA Members \$60  
Non-Members \$100

8 Lessons - ages 3 to 5 Pre-School  
8 Lessons - ages 6 to 12 Youth  
Monday -Thursday  
5:00-5:45 pm  
6:00-6:45 pm

Session 06 Aug 2 - Aug 25  
Session 07 Aug 30 - Sept 22  
Session 08 Sept 27 - Oct 20  
Session 09 Oct 25 - Nov 17  
Session 10 Nov 29 - Dec 22

8 Lessons - Ages 13 & Older - Adults  
Monday - Thursday  
7:00-7:45pm

Session 06 Aug 2 - Aug 25  
Session 07 Aug 30 - Sept 22  
Session 08 Sept 27 - Oct 20  
Session 09 Oct 25 - Nov 17  
Session 10 Nov 29 - Dec 22

**Parent/Child Lessons**

8 lessons -ages 6 months to 3 years  
Saturday 10:00am  
August 6 - September 24

Registration Form on front and back  
must be filled out completely  
for group or private /semi-private  
lessons

**Swim Team Prep Lessons**

Members only \$10 per lesson  
Limit 5 per class

**Private Swim Lessons**

Children ages 5 and older  
Each lesson is 30 minutes

One lesson  
YMCA Member: \$40  
Non-Member: \$60

Four Lessons  
YMCA Member: \$140  
Non-Member: \$220

Semi-Private (2 people)

One Lesson  
YMCA Member \$40 (total \$80)  
Non-Member \$60 (total 120)

Four Lessons  
YMCA Member \$100 (total \$200)  
Non-Member \$180 (total \$360)

\*Make up lessons for inclement weather or swim  
instructor illness will be held on Friday of the  
same week.

Parent or Legal Guardian must fill out this  
section. Please print all information.

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Gender: M / F Race: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Phone Type: Home / Cell

Text Message Alerts: Y / N

Email \_\_\_\_\_

Employer: \_\_\_\_\_

Private & Semi-Private Lessons

List Days and Times available:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_