

MASTERS SWIM AT RIC NUBER YMCA



The Masters Swim program is perfect for adults who are triathletes, swim competitively, or swim for fitness. Masters Swim training sessions include structured workouts with stroke work, interval, distance and sprint training.

WINTER/SPRING SESSION

February 2021 – May 2021

TRAINING SESSIONS

Monday, Wednesday & Friday

7:00 a.m. – 8:30 a.m.

Tuesday & Thursday

11:30 a.m. – 1:00 p.m.

PRICING

Members – \$45.00 per month

Non-Members – \$75.00 per month



RIC NUBER YMCA
5885 Quince Rd Memphis, TN 38119
P 901 766 7677 ymcamemphis.org

For more information contact Patty O'Neal
Patricia.oneal@ymcamemphis.org



MASTERS SWIM REGISTRATION FORM

Participant Info:

First Name: _____ Last Name: _____ Birth date: ____/____/____

☐ Male ☐ Female Ethnicity: ☐ African-American ☐ Asian/Pacific Islander ☐ Caucasian
☐ Hispanic ☐ Native American ☐ Other _____

Address: _____ City: _____ State: _____ Zip: _____

Primary Phone: _____ Email address: _____

Employer: _____ Emergency Contact: _____ Phone: _____

Program Session:

____ Spring - 2021 (February 1st - May 31st)

Payment Options:

____ **MONTHLY DRAFT-**

Monthly fees are automatically drafted from a debit/credit card or bank account on the 1st of each month of the program session. To stop draft payment for any reason, participant must contact Patty O'Neal by the 25th prior to the payment date.

Please enter last 4 digits of card/bank account: _ _ _ _

PLEASE INITIAL AND SIGN BELOW:

____ I agree to the terms of the payment option selected above.

____ The YMCA of Memphis & the Mid-South will not assume responsibility for any injury incurred while participating in any athletic event, sports program, or any physically related activity. Nor will the YMCA of Memphis & the Mid-South be liable for lost or stolen items while program participants are using YMCA facilities or are on the YMCA premises. I, the undersigned for myself, my heirs and assigns do hereby release the YMCA of Memphis & the Mid-South, its employees and agents from any and all claims for injury, death, loss or damage I may suffer as a result of my participation. I also assume full responsibility for removing myself from any media opportunities that I do not wish to participate in.

Signature: _____

Date: _____

Staff Initial