

Reserving a Class

Reserve the group fitness class of your choice now directly through our online schedule. This will ensure you have a dedicated spot in our upcoming class offerings and also allow access to add yourself to a waitlist for a class or cancel your upcoming reservation.

Reserve Your Spot

◀ Prev Week Day... Next Week ▶ (Print Schedule) Classes marked with a  require a reservation

[category] [location] [class name] [instructor]

Fri 4/17					
Time	Title	Instructor	Studio	Category	Location
4:00am-5:00am	Stick & Puck	Bill B.			Description 
4:00am-5:00am	Pilates	Austin B.		General	GXP Club - Fable Description 
5:00am-5:30am	Circuit Circus	Josh S.		General	CSI Birmingham Description 
5:00am-12:00pm	 Indoor Cycling	Abbey B.		Yoga	CSI Birmingham Description 
6:00am-7:00am	 BCSU  Sports Training	Staff	GX1	Cardio/Strength	GXP Club - Gray Description Sign Up 
6:00am-7:00am	 Plyometrics for Beginners	Gerard R.		Strength	GXP Club - Fable Description Sign Up 
7:00am-8:00am	Striket	Lucy T.	GX1	Dance	GXP Club - Fable Description 
7:00am-7:30am	Striket	Josh S.		Group Ex	CSI Birmingham Description 

Step 1: View our schedule on our website: ymcamemphis.org/reserve

Step 2: Filter based on your preferences

Step 3: Look for the reservation icon  or 'Sign Up' by your desired class

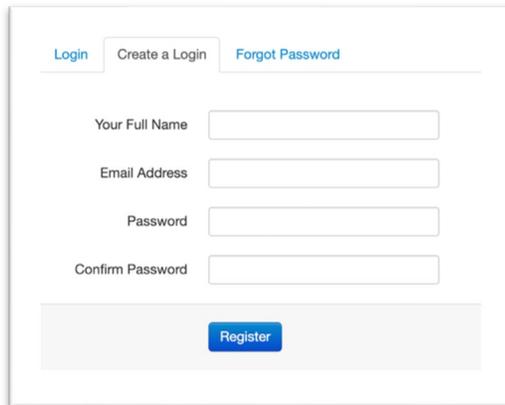
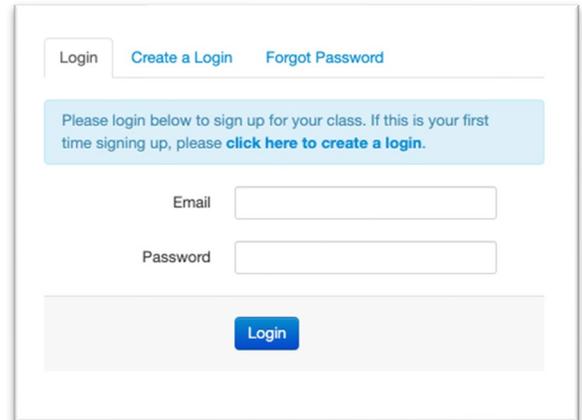
Step 4: Select the icon or 'Sign Up' link to reserve your spot

Step 5: Log in or create an account to reserve your spot



Reserved a class before?

Log in using your email address and previously established password. Should you see an error message, select the "Forgot password?" link and reset your password. That reset will go to your email and provide instructions.



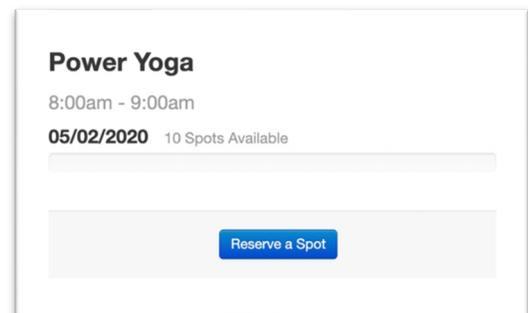
Never used the reservation feature?

Register using your name, email address and password of choice. Registering for classes through GroupEx Pro is secure. Your account information will never be shared, and you will not be subscribed to receive promotional or marketing related

emails. The only emails you will be eligible to receive are reservations-based communications.

Step 6: Reserve your spot

In this step, you will see the amount of spots available in the class, title of the class you are registering for and date & time that the class takes place.



Step 7: Receive email confirmation
After you have successfully reserved a spot in your desired class, you will receive an email confirming your spot.

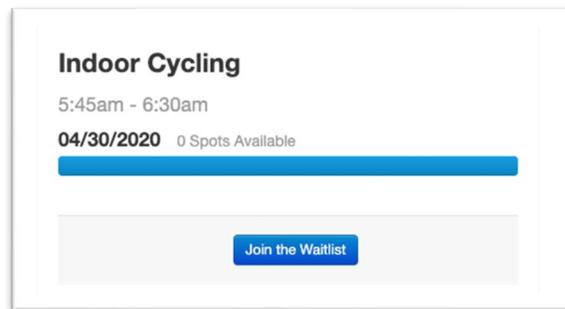


Join the Waitlist

If a class is full when you go to reserve a spot, add yourself to the waitlist for a chance to get added to the exercise class if another member drops out.

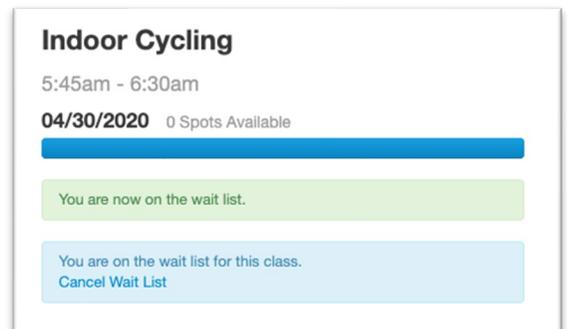
Step 1: Select 'Join the Waitlist'

Step 2: Confirm you are on the Waitlist



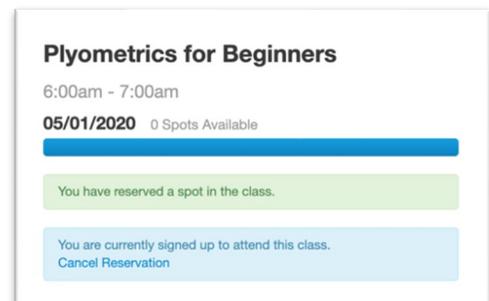
There are two ways to **confirm you are on the waitlist.**

1. Check for a green notice (below) that will populate once you have successfully been added to the waitlist.
2. Check your inbox for an email notifying you that you have been successfully added to the waitlist.



Cancel Your Reservation

If you can not make it to a class after you have reserved your spot, be sure to locate the class you signed up for in your online schedule and cancel the reservation.



Step 1: Locate your online schedule and specifically the class you signed up for.

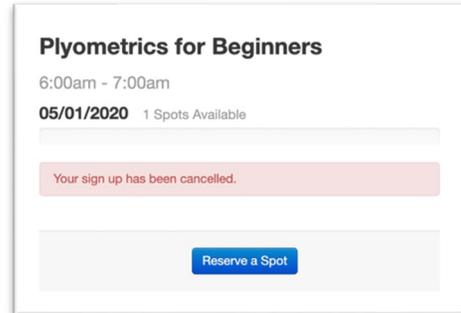


Step 2: Select the reservation icon  or 'Sign Up' by the appropriate class that you would like to cancel your reservation for.

Step 3: Select the 'Cancel Reservation' hyperlink to successfully cancel your reservation or waitlist request.

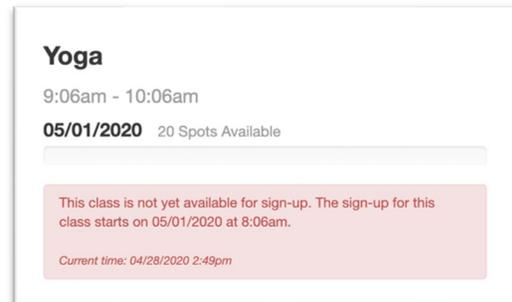
Step 4: Confirm cancellation

You will receive a red notice on your screen when your reservation has been cancelled and a confirmation email as well.



Reservations not open yet?

If you go to reserve a spot in a class and the reservation hasn't opened, you will see a notice of the exact dates that the desired class will be open for reservations.



Family Reservations:

Trying to reserve spots for your children or other members of your household? You will need to create individual accounts for each member of your family that will be using services at the Y. These accounts must have their own **unique email account**.

Option 1: Use/Create personal email addresses for each family member and set up the accounts like you did for your own account.

Option 2: If you have several email accounts to your name, you may use each of those to set up the separate accounts.

Option 3: If you do not wish to create/use additional email accounts, you can use a fake email like "jdoe@test.com" to take the place of the required email address. You will not receive email notifications by using a fake email, however you can use this email to log into your reservations account. (We suggest using a format that is easy to remember like: "[first letter of first name][lastname]@test.com" or "tsmith@test.com.")

Option 4: Our membership team at your branch Welcome Center can help you sign up multiple family members if you prefer.

