

## Cordova Family YMCA Summer 2018 Pool Schedule

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday													
5:00 AM																										
6:00 AM															Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim		
7:00 AM															5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	Rec Swim	
8:00 AM															5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	5:00am- 9:00am	5:00am - 9:00am	
9:00 AM	Shallow Water Areobics 9:00am-10:00am	Swim Lessons 9:00am-12:00pm	Shallow Water Areobics 9:00am-10:00am	Swim Lessons 9:00am-12:00pm	Shallow Water Areobics 9:00am-10:00am	Swim Lessons 9:00am-12:00pm	Shallow Water Areobics 9:00am-10:00am	Swim Lessons 9:00am-12:00pm	Shallow Water Areobics 9:00am-10:00am	Swim Lessons 9:00am-12:00pm	Shallow Water Areobics 9:00am-10:00am	Swim Lessons 9:00am-12:00pm	Shallow Water Areobics 9:00am-10:00am													
10:00 AM	Rec Swim 10:00am - 11:00am		Rec Swim 10:00am - 11:00am		Rec Swim 10:00am - 11:00am		Rec Swim 10:00am - 11:00am		Rec Swim 10:00am - 11:00am		Rec Swim 10:00am - 11:00am		Rec Swim 10:00am - 11:00am	Rec Swim 10:00am - 11:00am	Rec Swim 10:00am - 11:00am	Rec Swim 10:00am - 11:00am	Rec Swim 10:00am - 11:00am									
11:00 AM																										
12:00 PM															Summer Camp Swim Swim	Summer Camp Swim Lessons	Summer Camp Swim Swim	Summer Camp Swim Lessons	Summer Camp Swim Swim	Summer Camp Swim Lessons	Summer Camp Swim Swim	Summer Camp Swim Lessons	Summer Camp Swim Swim	Summer Camp Swim Lessons	Rec Swim	
1:00 PM															11:00am- 3:00pm	11:00am -3:00pm	11:00am- 3:00pm	11:00am -3:00pm	11:00am- 3:00pm	11:00am -3:00pm	11:00am- 3:00pm	11:00am -3:00pm	11:00am- 3:00pm	11:00am -3:00pm	11:00am -3:00pm	
2:00 PM															Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim	Rec Swim	Lap Swim
3:00 PM	12:00pm - 4:45pm	12:00pm-4:45pm	3:00pm- 6:45pm	Lap Swim 3:00pm- 5:00pm	3:00pm- 6:45pm	Lap Swim 3:00pm- 5:00pm	3:00pm- 6:45pm	Rec Swim	Lap Swim 3:00pm- 5:00pm	3:00pm- 6:45pm	Rec Swim	Lap Swim 3:00pm- 5:00pm														
4:00 PM																										
5:00 PM													Swim Lessons			Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
6:00 PM													Water Areobics 6:45pm- 7:45pm			5:00pm- 7:45pm	Water Areobics 6:45pm- 7:45pm	5:00pm- 7:45pm	5:00pm- 7:45pm	5:00pm- 7:45pm	Water Areobics 6:45pm- 7:45pm	5:00pm- 7:45pm	5:00pm- 7:45pm	5:00pm- 7:45pm	5:00pm- 7:45pm	
7:00 PM													Rec Swim 7:45pm - 8:45pm			Lap Swim 7:45pm - 8:45pm	Rec Swim 7:45pm - 8:45pm	Lap Swim 7:45pm - 8:45pm	Rec Swim 7:45pm - 8:45pm	Lap Swim 7:45pm - 8:45pm	Rec Swim 7:45pm - 8:45pm	Lap Swim 7:45pm - 8:45pm	Rec Swim 7:45pm - 8:45pm	Lap Swim 7:45pm - 8:45pm	Rec Swim 7:45pm - 8:45pm	Lap Swim 7:45pm - 8:45pm
8:00 PM																										
9:00 PM																										
10:00 PM																										

\*\* Children 10 years and under must have an adult with them in the pool. Children 11- 12 must have a parent on deck and pass a swim test.  
 Children 13 and older must pass a swim test to be in the pool area alone.  
 For more information please contact Amanda Ellis, Program Director at [amanda.ellis@ymcamemphis.org](mailto:amanda.ellis@ymcamemphis.org) or at (901)-755-2123