

# GYMNASIUM SCHEDULE

CORDOVA FAMILY YMCA



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	ADULT PICK UP		ADULT PICK UP		ADULT PICK UP		
7:00 AM		OPEN GYM (No Pick up)		OPEN GYM (No Pick up)			
8:00 AM	OPEN GYM (No Pick up)		OPEN GYM (No Pick up)		OPEN GYM (No Pick up)		
9:00 AM							
10:00 AM	AHA Classes	AHA Classes	AHA Classes	AHA Classes	AHA Classes	OPEN GYM (No Pick up)	
11:00 AM				AHA Classes			
12:00 PM							
1:00 PM			PICKLEBALL		PICKLEBALL		
2:00 PM	OPEN GYM (No Pick up)	OPEN GYM (No Pick up)		OPEN GYM (No Pick up)		Kendo	ADULT PICK UP
3:00 PM							
4:00 PM			OPEN GYM (No Pick up)		OPEN GYM (No Pick up)		OPEN GYM (No Pick up)
5:00 PM						ADULT PICK UP	
6:00 PM	Kendo	ADULT PICK UP	Kendo	ADULT PICK UP	ADULT PICK UP		
7:00 PM							
8:00 PM							

All members must adhere with the posted rules and those of our association. Any behaviors that are inconsistent with the outlined rules will be addressed and could result in termination of facility access, membership, and/or program participation privileges.

**OPEN GYM (No Pickup)**– Gym is open for both pickleball & basketball activities. Pickup basketball games are discouraged. Individuals and families are encouraged to use this time to practice and play.