



## **YMCA of Memphis & the Mid-South Frequently Asked Questions Club Y for Middle Schoolers**

### **Q: What is Club Y?**

A: Club Y is the YMCA's afterschool program designed specifically for middle school students. It provides a safe, engaging, and supportive environment where youth can build relationships, explore interests, and grow as individuals.

### **Q: What makes Club Y different from Y Care?**

A: While Y Care serves elementary-aged students (K–5th) and focuses on structured supervision, homework help, and basic enrichment, Club Y is tailored for adolescents. It emphasizes:

- Mentoring with trusted adults
- STEM activities and project-based learning
- Social-emotional learning and leadership development
- Time for youth-driven activities and social interaction

### **Q: Who leads Club Y?**

A: Each site is led by a trained Site Director and a team of YMCA staff who specialize in working with middle schoolers.

### **Q: Is Club Y free?**

A: Club Y is a fee-based program, but financial assistance may be available to qualifying families through YMCA scholarships or partnerships. Some schools may offer grant-funded spots.

### **Q: What are the program hours?**

A: Programs run Monday through Friday, before school (some locations) starting at 6:30 am until the bell rings and after school until 6:00 pm in alignment with the school's calendar. There are some programs that end at 5:30 pm and they are clearly marked in registration.

**Q: How do families register?**

A: Families can register online at:

<https://www.ymcamemphis.org/childcare/register-for-before-after-school/>

**Q: Is there academic support?**

A: Yes. Club Y includes homework time, tutoring options (where available), and project-based learning that reinforces academic skills in a hands-on way.

**Q: What types of activities are offered?**

A: Activities vary by site and student interest, but include:

- STEM experiments
- Art, music, and movement
- Leadership challenges
- Social-emotional learning
- Games and free play