



**YMCA of Memphis & the Mid-South
Frequently Asked Questions
Club Y @ K-8 Schools for Middle Schoolers**

Q: What programs does the YMCA offer for K-8 schools?

A: At K-8 schools, the YMCA provides **two distinct afterschool programs**:

- **Y Care:** For students in **grades K-5** (Pre-k where applicable)
- **Club Y:** For students in **grades 6-8**

Q: What's the difference between Y Care and Club Y?

A:

Feature	Y Care (K-5)	Club Y (6-8)
Age Group	Kindergarten – 5th Grade	6th – 8th Grade
Focus	Structure, supervision, enrichment	Identity, relationships, leadership
Core Activities	Homework help, snacks, games, crafts	Mentoring, STEM, project-based learning
Social-Emotional Support	Foundational support and conflict resolution	SEL curriculum, peer leadership, circles
Program Design	Staff-led and highly structured	Youth-driven with adult guidance

Q: Who leads the programs?

A: Each program has a dedicated Site Director and team. The Site Director of each program will be on site everyday and able to engage with families.

Q: Is there homework support in both programs?

A: Yes! Both Y Care and Club Y include time for homework and/or academic enrichment.

Q: Are the programs safe and supervised?

A: Absolutely. Both programs follow YMCA safety protocols, maintain appropriate staff-to-student ratios, and are supervised by trained staff members.

Q: What are the program hours?

A: Programs run Monday through Friday, before school (some locations) starting at 6:30 am until the bell rings and after school until 6:00 pm in alignment with the school's calendar. There are some programs that end at 5:30 pm and they are clearly marked in registration.

Q: Is Club Y free?

A: Club Y is a fee-based program, but financial assistance may be available to qualifying families through YMCA scholarships or partnerships. Some schools may offer grant-funded spots.

Q: How do I register my child?

A: You can register online at:

<https://www.ymcamemphis.org/childcare/register-for-before-after-school/>