



Fogelman Downtown YMCA 2019 Gymnasium Schedule

5:00am – 12:00pm	Open Gym	Monday - Friday
12:00pm – 2:00pm	Adult Full Court	Monday/Wednesday/Friday
2:00pm – 4:00pm	GrizzFit(Gym Closed)	Monday - Friday
4:00pm – 5:30pm	Family Court	Monday - Friday
6:00pm - 9:30(Wed)/7:30(Fri)	Open Gym	Wednesday/Friday
6:00 pm- 9:30pm	Adult Full Court	Monday/Tuesday/Thursday

Saturday

7:00 am - 12:30 pm	Family Court	
12:30 pm – 5:00 pm	Adult Full Court	(16 and older)

Sunday

12:00 pm – 5:00 pm	Open Gym No Full Court Play	
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Schedule subject to change

Adult Full Court 16 and older – no exceptions!