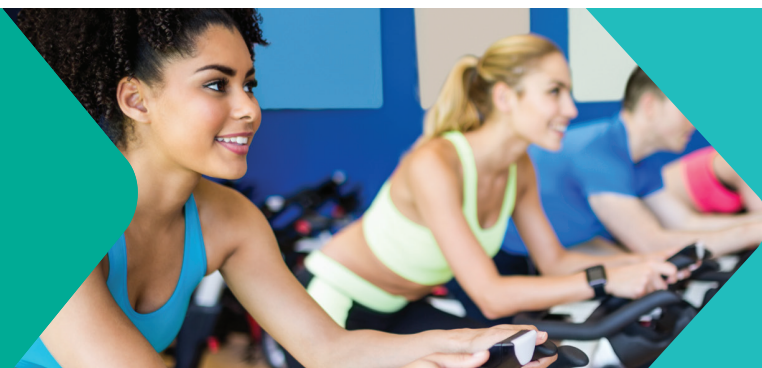




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DISCOVER THE Y IN YOU



We're focused on providing health and wellness programs and activities for all ages. Whether you're looking to swim, move your feet, build strength, meet new people, impact your community or participate in youth programs, **the Y is the place for you.**

## JOIN THE Y TODAY!

MEMBERSHIPS	STANDARD RATE	CONTRACT RATE	JOINING FEE
Individual	\$53.00	\$47.70	\$75.00
Household	\$79.00	\$71.10	\$75.00
Youth	\$29.00	\$29.00	\$60.00

**Get 10% off the standard rate monthly membership fees when you sign a 1-Year Agreement.**

A continuous monthly draft from a checking/savings account or credit/debit card is required. Membership will auto-renew every year on the anniversary date. To cancel the membership, member must provide a minimum 30-day notice before the last draft date of the 1-year agreement.

- No Joining Fee for seniors age 60 and over

• **Additional Household Options:**

Members may add up to two more non-dependent adults living in their household to their household membership for an additional monthly rate \*Plus One \$20 \*Plus Two \$40

- Financial assistance is available based on household income.

## MEMBERSHIP BENEFITS:

- **FREE Child Watch**  
(for household memberships while you work out)
- **FREE Wellness Evaluation**
- **Special member rates** for programs and classes
- **FREE unlimited group exercise classes** including  
Les Mills BODYPUMP®, water exercise and indoor cycling
- **FREE access to indoor and/or outdoor pools**
- **FREE access to all Memphis and Mid-South YMCA locations**
- **No contracts!** Ask staff about 30-day cancellation policy

Contact your nearest location or join online  
to start your membership today!

## CHECK OUT OUR LOCATIONS:

**CHURCH HEALTH YMCA**

1350 Concourse Ave. Suite 241  
Memphis, TN 38104  
901-505-0910

**OLIVE BRANCH FAMILY YMCA**

8555 Goodman Road  
Olive Branch, MS 38654  
662-890-9622

**CORDOVA FAMILY YMCA**

7950 Club Center  
Cordova, TN 38016  
901-755-2123

**OXFORD YMCA**

703 North Lamar  
Oxford, MS 38655  
662-371-1500

**FOGELMAN DOWNTOWN YMCA**

245 Madison Avenue  
Memphis, TN 38103  
901-527-9622

**RIC NUBER YMCA**

5885 Quince Road  
Memphis, TN 38119  
901-682-8025

**MILLINGTON FAMILY YMCA**

7725 E. Navy Circle  
Millington, TN 38053  
901-873-1434

**YMCA AT SCHILLING FARMS**

1185 Schilling Boulevard E  
Collierville, TN 38017  
901-850-9622

**NORTHWEST GIBSON COUNTY YMCA**

110 YMCA Drive  
Trenton, TN 38382  
731-470-4277

YMCA OF MEMPHIS & THE MID-SOUTH  
**YMCAMEMPHIS.ORG**

United Way  
Partner Agency

