



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SHORIN-RYU KARATE

Olive Branch
Family YMCA



Our karate focuses on personal growth through individual and group training in a supportive, cooperative, and family environment. This is traditional Okinawan karate taught at the student's own pace. If you want a unique exercise routine, practical method of self-defense, or to earn a black belt karate through discipline and self-respect this is for you. This can be for the whole family.

PRICE: Members - \$45
Non-Members - \$60
-Monthly (8 classes)
*Please see welcome desk for family pricing.

ATTIRE: Athletic Wear Required
(Uniform not included)

CONTACT: Jeff Crook, Instructor

EMAIL: 4kmartialarts@gmail.com

Youth Classes:
Ages: 7-12
TIME:
Thursdays 6:30pm-7:30pm
Saturdays 10:00am-11:00am

Adult Classes:
Ages: 13 and up
Time:
Thursdays 7:30pm-8:30pm
Saturdays 11:00am-12:00pm



OFFICE USE ONLY

Receipt# _____ Amt Paid _____

Cash Check # _____ Credit # _____

Date ____/____/____ Staff _____

Participant Information

Circle One: Youth(7-12)/Adult(13 and up)

Name: _____ Age: _____ Date of Birth: _____

Parent/ Guardian name: _____

Home Phone: _____ Cell Phone: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Emergency Contact: _____ Phone: _____

Martial Art Experience _____

Select Class Session: (circle)

January February March April May June
July August September October November December

WAIVER The YMCA of Memphis and the Mid-South will not assume responsibility for any injury incurred while participating in any athletic event, sports program, or any physically related activity. Nor will the YMCA of Memphis and the Mid-South be liable for lost or stolen items while program participants are using YMCA facilities or are on the YMCA premises. I, the undersigned for myself, my heirs and assigns do hereby release the YMCA of Memphis and the Mid-South, its employees and agents from any and all claims for injury, death, loss or damage I may suffer as a result of my participation. I also assume full responsibility for removing myself from any media opportunities that I do not wish to participate in. I also agree to adhere to the YMCA Code of Conduct. **PLEASE NOTE:** NO REFUNDS AFTER 30 DAYS OF PURCHASE OR AFTER FIRST SESSION, WHICHEVER COMES FIRST.

Signature: _____ Date: _____